

# WHAT ACTIVITIES CAN I GET INVOLVED IN?



When you come to Westlake, you will have the chance to be involved in a huge number of activities. We believe in education in its broadest sense. We encourage you to get involved in a range of activities: it is a great way to learn life skills, meet new friends, enjoy healthy competition and, most importantly, have fun. In other words, we think you are always learning, in and out of the classroom, and that it is our job to give you as many opportunities as possible to find your passion.

## Sport at Westlake

You will have the chance to compete at the very highest levels of sport at Westlake. Our best sportsmen are the equal of any in New Zealand, but we also value participation and will run as many teams as we need to give as many students as possible the chance to play.

You can choose from any of the following sports – and you can take part in as many of these as you can find the time for:

Adventure Racing  
Athletics  
Badminton  
Basketball  
Cricket  
Cross-Country  
Cycling  
Distance Running  
Dragon Boating  
Football  
Golf  
Hockey  
K o Rahi  
Lacrosse  
Mountain Biking  
Orienteering

Rowing  
Rugby  
Rugby League  
Sailing  
Snow Sports  
Squash  
Surfing  
Swimming  
Table Tennis  
Tennis  
Touch  
Ultimate Frisbee  
Volleyball  
Waka Ama  
Waterpolo

And don't forget our Academy of Sport, which offers the finest coaching and performance support of any school on the North Shore to those sportsmen who show emerging talent for Years 9 and 10. This includes strength and conditioning sessions, mental performance support, nutritional advice and mentorship.



## Music at Westlake

We love music at Westlake. We work closely with Westlake Girls, and together we run the largest secondary school music programme in New Zealand. Our top choirs and instrumental ensembles perform to the highest standards both nationally and internationally. Our wider music programme is designed to provide lessons and group opportunities for musicians at all levels of experience. We offer every student who wishes to take part the chance to do so, and we make sure that we provide the highest quality support to broaden and extend the skills of our best musicians. You will be welcome to bring your talents to us, and to discover new ones as you grow.

Most of our musicians are involved in more than one group. These include:

Barbershop  
Big Band  
Chamber Orchestra  
Choralation Choir  
Concert Band  
Rock bands  
Momentum Choir

Musical Shows  
String Orchestra  
Symphonic Band  
Symphony  
Orchestra  
Taharoto Orchestra  
Voicemale Choir

## Other activities at Westlake

Every year we stage a Production, in conjunction with Westlake Girls. You will also have the chance to join other groups and to take part in new activities. There are always new possibilities appearing. At the moment, you can enjoy:

Chess  
Debating  
Drama  
Duke of Edinburgh  
Award Scheme  
UNICEF Club

Environmental Club  
Kapa Haka Group  
Pasifika Group  
Robotics Club  
Theatre Sports

