



# Uniform Sizing Guide

	SIZE (cm)															
<b>SHIRT</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>14</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>2XL</b>	<b>2XL</b>	<b>4XL</b>	<b>5XL</b>				
High shoulder point to bottom	70	72	74	75	78	80	82	84	86	88	90	92				
Chest (1cm to arm)	45	47.5	50	52.5	57.5	60	62.5	65	67.5	70	72.5	75				
<b>TROUSERS</b>	<b>68</b>	<b>72</b>	<b>76</b>	<b>80</b>	<b>84</b>	<b>88</b>	<b>92</b>	<b>96</b>	<b>100</b>	<b>104</b>	<b>108</b>	<b>112</b>	<b>116</b>	<b>120</b>	<b>124</b>	
Length	95	97	99	101	101	104	108	108	108	108	110	110	112	114	114	
Waist relaxed	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	
<b>SHORTS</b>	<b>64</b>	<b>68</b>	<b>72</b>	<b>76</b>	<b>80</b>	<b>84</b>	<b>88</b>	<b>92</b>	<b>96</b>	<b>100</b>	<b>104</b>	<b>108</b>	<b>112</b>	<b>116</b>	<b>120</b>	<b>124</b>
Length	43	44	45	46	47	49	49	51	52	54	56	58	60	62	66	68
Waist relaxed	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62
<b>JACKET</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>2XL</b>	<b>3XL</b>	<b>5XL</b>									
Length front - from high shoulder point	74	75	76	77	79	81	85									
Length back - from high shoulder point	80	81	82	83	85	87	91									
1/2 chest - 2.5cm from under arm	58	61	64	67	71	75	83									