



Westlake Boys High School
Te Kura Tuarua o Ngā Taitamatāne o Ururoto

International students' RUGBY PROGRAMME

“
*Brotherhood –
all for one and
one for all*
”



WELCOME

Westlake Boys has built a proud tradition of success in a variety of sporting codes at local, regional, national and international levels.

Westlake Boys' High School is the dominant rugby school on the North Shore of Auckland, having won the North Harbour 1A First XV Championship seventeen times since its inception in 1985, including eight titles in the last ten seasons.

The programme currently services twelve rugby teams, from age and weight restricted Youth grades, through to the senior First and Second XV's. All teams are led by experienced staff and externally appointed coaches, under the guidance of the Director of Rugby.

Additionally, Westlake are the current North Harbour 7's champions at both Senior and Under 15 levels, and won the first New Zealand Under 15 Condor 7's title in 2015.

With a strong emphasis on resilience and character development, the programme offers a wide-ranging, values based framework suitable for all ages and skill levels. Every student will have the opportunity to participate in rugby at the level they desire.

“
Developing our individuals with dedication, honesty and respect
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RUGBY STUDY PROGRAMME

Westlake's Rugby Programme for International students combines academic study with specialist rugby coaching. School classes are from 8.45am to 3.10pm each day and school rugby teams train outside of school hours for a minimum of twice a week and play competition games every Saturday.

Depending on your age and English proficiency you will be enrolled into ESOL/ mainstream class subjects such as Mathematics, Science, Art, Geography and Physical Education.

ACADEMY OF SPORT

The Academy of Sport at Westlake Boys has the aspirational vision of developing our most promising young sportsmen to realise their potential in both sport and life.

In years 9 and 10, the Academy has a broadbase catering for 6 sports. In Year 9, the six sports available comprise: Basketball, Cricket, Hockey, Football, Rugby, and Rowing. In Year 10, an additional academy for distance running is introduced. Students will attend three dedicated Academy sessions a week delivering education in sports-specific skill development, and key aspects of performance culture. They will also be exposed to an extensive Strength and Conditioning programme focused on fundamental movement skills.

From Year 11 through to Year 13, the Academy of Sport focus shifts to supporting a curriculum-based approach suitable for those students wishing to pursue their passion for sport. Students will continue to engage in Strength and Conditioning whilst being introduced to a unique selection of Achievement Standards. This cross-curricular focus will allow students to gain credits and further their understanding of sport, nutrition, psychology and society – all taught through the context of sport. Key outcomes of the Academy are confidence, leadership and resilience.

The opportunity for Academy students to train in the hours of daylight, with highly qualified coaches throughout the school year, allows them to develop new skills and perfect existing ones. It also allows like-minded students to learn from each other and focus on building a potential career in sport. Academy of Sport students will often form the core of Westlake's merit teams as they progress through their school career further contributing to a culture of excellence through sport.

“
“Own it, know who you want to be
”

KEY STATS

- Founded: 1962
- Motto: Virtute Experiamur – Let Courage Be Thy Test
- Roll: 2500
- Most Recent All Black: Dillon Hunt, 2018
- Most Famous Sevens All Black: Nick Evans
- Famous All Black Alumni:
 - Nick Evans
 - Dillon Hunt
 - Frano Botica
 - Ron Williams
 - Luke McAlister



KEY DATES IN RUGBY CALENDAR

- **Hamilton Boys Winter Exchange**
Week 11, Term 1, Hamilton
- **1A 1st XV Season Begins**
Saturday 7th May
- **All Other North Harbour Grades Begin**
Saturday 7th May
- **Auckland Grades (1R, 4th & 5th) Begin**
Saturday 11th May
- **Tauranga Boys Exchange (1st XV)**
Week 1 Term 2, Tauranga
- **New Plymouth Boys High School Exchange (1st XV)**
Week 1 Term 3, New Plymouth
- **NZSS Under 15 Tournament**
September 2nd - 6th
- **NZSS Under 15 Condor 7's**
November 29th - 30th, King's College
- **NZSS Open Condor 7's**
December 1st - 2nd, King's College

Westlake Cares

– Pastoral Care is paramount to us; we aim to create a sense of belonging knowing our students are safe, happy and engaged. We have a well-resourced International Department and provide first language support. Strong links to our students' families allow us to develop an understanding of each student's needs.

HOW TO APPLY

The Academy of Sport continues to thrive. The high demand for places, and the extremely high standard of applicants is indicative of the increasing awareness in the local community of what the Academy has to offer. However, pure sporting ability is not the only criteria for selection. There must be recognition from students that they demonstrate behaviours and attributes that align to Westlake's culture, and uphold standards of academic effort and focus in all subjects.

A separate application form must be completed during the enrolment process.

Please contact the International Department for further information: international@westlake.school.nz

CONTACT US

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