## WHAT ACTIVITIES CAN I GET INVOLVED IN?



When you come to Westlake, you will have the chance to be involved in a huge number of activities. We believe in education in its broadest sense. We encourage you to get involved in a range of activities: it is a great way to learn life skills, meet new friends, enjoy healthy competition and, most importantly, have fun. In other words, we think you are always learning, in and out of the classroom, and that it is our job to give you as many opportunities as possible to find your passion.

## **Sport at Westlake**

You will have the chance to compete at the very highest levels of sport at Westlake. Our best sportsmen are the equal of any in New Zealand, but we also value participation and will run as many teams as we need to give as many students as possible the chance to play.

You can choose from any of the following sports – and you can take part in as many of these as you can find the time for:

Adventure Racing **Athletics** Badminton Basketball Cricket Cross-Country Cycling Distance Running **Dragon Boating** Football Golf Hockey Ki o Rahi Lacrosse Mountain Biking Orienteering Rowing Rugby

Rugby League
Sailing
Snow Sports
Squash
Surfing
Swimming
Table Tennis
Tennis
Touch
Ultimate Frisbee
Volleyball
Waka Ama
Waterpolo

And don't forget our Academy of Sport, which offers the finest coaching and performance support of any school on the North Shore to those sportsmen who show emerging talent from Years 9 to 11. This includes strength and conditioning sessions, mental performance support, nutritional advice and mentorship.





## Music at Westlake

We love music at Westlake. We work closely with Westlake Girls, and together we run the largest secondary school music programme in New Zealand. Our top choirs and instrumental ensembles perform to the highest standards both nationally and internationally.

Our wider music programme is designed to provide both instrumental tuition and ensemble performance opportunities for musicians of all tastes and at multiple levels of experience. We offer every student who wishes to take part the chance to do so, and we make sure that we provide the highest quality support to broaden and extend the skills of our best musicians.

You will be welcome to bring your talents to us, and to discover new ones as you grow. Most of our musicians are involved in more than one group. These include:

Barbershop Big Band Chamber Orchestra Choralation Choir Concert Band Rock bands Momentum Choir Musical Shows String Orchestra Symphonic Band Symphony Orchestra Taharoto Orchestra Voicemale Choir

## Other activities at Westlake

Every year we stage a Production, in conjunction with Westlake Girls. You will also have the chance to join other groups and to take part in new activities. There are always new possibilities appearing.

At the moment, you can enjoy:

Chess
Debating
Drama
Duke of Edinburgh
Award Scheme
UNICEF Club

Environmental Club Kapa Haka Group Pasifika Group Robotics Club Theatre Sports Community Garden

