

WESTLAKE BOYS COACHING TEAM 2025/26



Jo Shotter- Head Coach



Andy Hay 17/18's



Jordan Stanley 17/18's



Matt Lupton. 17/18's

U15/16 COACHING TEAM



Hannah Kennedy
Teacher in Charge
16's Coach



Seb Eggermont U16's.



Richard Vaughan U16's



Meg Ashford U15's.



Judith Quinlan, Lake Pathway

Jo Shotter- Rowing Director & Head Coach

Coaching rowing at Westlake has been a highlight. Bring on the 2025/26 season!

A bit about me.....

I was one of those teenagers where every sport was my game, but hockey took me to national trials and coaching rep teams for several years. I only started rowing at 19 and it has taken me around the world both as an athlete and coach.

A mother of 3 sport mad children and a husband who rowed for NZ, rowing is a passion that's turned into a job for me. I love helping the first day rower right through to the world class oarsman. Watching progress over an athlete's time is what drives my love to coach. Coaching past NZ crews and being involved in the High-Performance Pathway has been another layer and highlight alongside my role as Director of rowing at WBHS.

In down time, I like to spend time on our rural property with the animals, head to the Bach to fish, swim and hike the hills.

It is a real pleasure to lead this knowledgeable and highly skilled coaching team, who as you can see, bring a variety of craft to our programme.



Hannah Kennedy- Teacher in Charge , with u16s in 2025/26 season

This is my 8th season involved with WBHS rowing, teaching at WBHS (Social Studies/Geography) and 2nd year as Teacher in Charge of the Rowing Programme.

I am from Christchurch originally and rowed/coxed throughout my time at Christchurch Girls' High School and Otago University.

The opportunity to get involved in sports is one of the reasons I applied to work at WBHS. I have been fortunate enough to coach an age group right from U15 through to U18 and have found it incredibly rewarding to see their development into excellent athletes and champion young men. Working within a great coaching team, alongside supportive parents and with a fantastic group of boys makes me very excited for the upcoming season. During the off season, I manage a rugby team and try to get a few trips in to Christchurch to see my family.



Andy Hay- U17/18 Lead Coach for 2025/26 season

Days like the 28th and 29th of March, 2025, don't come along too often. Our senior rowing squad won the Boys' Under 18 Pair, Four (Springbok Shield) and Eight (Maadi Cup).

The success of the programme was enjoyed, shared and made possible by all the athletes, parents, extended family and coaches at Westlake rowing.

I'm looking forward to the 2025/26 season and getting to work again with the Senior Squad. We've done a great winter, we now return to the summer routines up at Hobsonville.

It's a big team effort just to get to the start line, let alone win Maadi titles. Thanks to all who keep this big operation, going. Can't wait to see where the season takes us.



Matt Lupton U17/18 Coach

Matt Lupton: going into his 5th year of coaching rowing at his alma mater, Matt is working within the senior squad for the upcoming season.

Outside of rowing, Matt is a professional S&C coach working at Athlete Development and operates his own health coaching business focusing on a balanced and holistic approach to health. He brings this knowledge and experience into the rowing space.



Jordan Stanley U17/18 Coach

I have been around Westlake Rowing since before I can remember, initially traipsing to regattas in the tow of my dad, Mike Stanley, former Westlake rower and Head Coach. I began rowing myself as an Under 15 in a period of rebuilding for Westlake, culminating in a bittersweet second in the Maadi Cup as Rowing Captain in my final year. I went on to row for North Shore Rowing Club for many years, winning several Senior national titles, and representing New Zealand at Under 19 and University level.

In my first coaching stint at Westlake, I coached Maadi medal-winning crews across all age groups, including the winners of the U18 Pair in 2018, and served as Head Coach and Teacher-in-Charge. Following this, I spent several years in the UK coaching initially with the University of St Andrews in Scotland, before moving to the University of Cambridge. Throughout this period, I contributed to victory over Oxford in the Boat Races, deep runs at Henley Royal Regatta, and British University Championships medals. I was fortunate to work with Under 19, Under 23 and Elite world medallists during this time, and learn from some of the best coaches in the world.

Returning to Westlake for the 2024/25 season, I joined Andy and Jo coaching the Senior Squad, culminating in wins in the U18 pair, Springbok Shield and Maadi Cup. I'm excited to be returning for 2025/26 and hope to replicate this success.

Additionally, I sit on the Auckland Rowing Association Board and am a member of the Rowing New Zealand Under 19 Selection Panel which selects the team to compete at the World Junior Championships.



Seb Eggermont -U16 Coach

Seb has been coaching since high school and has many years of coaching experience. Working at various programs across Auckland such as Kings College and Mount Albert Grammar, as well as assisting with development squads such as Light Blues and Baby Blues.

Seb hopes to help Westlake Boys High School continue to remain one of the prominent programs in New Zealand School Rowing's storied history.

About himself, although a cliché in his spare time he enjoys spending time with family, friends, as well as his very active puppy and kitten.



Richard Vaughan – Coach

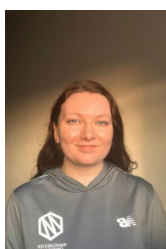
I'm excited to be joining the Westlake Boys High School rowing coaching team this season. As a proud Old Boy and former rower, I've never lost the love for a crisp morning and the sight of a crew in full flight. I'm passionate about giving back to the program that shaped so much of my early life—and continues to do so today.

The 2024/2025 season blew me away, watching the crews develop and push forward together. The Maadi win cemented my unbridled enthusiasm for the sport. It's a privilege to be part of such a dedicated and experienced coaching team, and I'm looking forward to a great season ahead.



Meg Ashford- U15 coach

Meg began coaching after rowing through high school and university in the UK. After gaining experience coaching across school, university, and national development programmes, she moved to New Zealand in 2023 to work with the U15 squad at Westlake Boys and is now also a Science and Maths teacher at the school.



Judith Quinlan- lake Pathway Coach 2025/26.

My name is Judith (Jude) Quinlan. I am a born and bred North Shore girl who holds Westlake close to my heart. I am one of 6 children (2 boys and 4 girls), who grew up in Coatesville and all attended Westlake.

I am a proud mum of two; Cooper is 14 and Molly is 13. I am the Youth Sport Advisor at Harbour Sport where I work to develop coaches, educate parents and aim to influence any and every one that has anything to do with Youth Sport and ensuring sporting experiences for those youth are good quality ones. I have been involved in coaching of all ages, levels and abilities for close to 20 years. Mostly in hockey but have also done some time in rowing, equestrian, touch rugby, tennis and any other sport my children have been involved in.

For the sport of rowing and for Westlake Boys, I believe The Lake Pathway programme is an exciting and innovative step forward in ensuring opportunity for all to enjoy, have a sense of belonging as well as achievement within the sport. I am really looking forward to being part of this programme and developing your boys.

“Success comes from knowing that you did your best to become the best that you are capable of becoming.”

John Wooden

